Coverage Period: 01/01/2021 - 12/31/2021

Coverage for: Individual/Individual + Family | Plan Type: OAP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go online at <a href="https://www.cigna.com/sp">www.cigna.com/sp</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-800-Cigna24 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For in-network providers \$1,400 individual / \$2,800 individual +1 / \$3,350 family For out-of-network providers \$1,800 individual / \$2,800 individual +1 / \$3,600 family Does not apply to in-network preventive care Amount your employer contributes to your account: Up to Employee: \$1,000, Employee + Spouse: \$1,250, Employee + 1 child: \$1,250, Employee + 2 or more children: \$1,500, Employee + Spouse + 2 or more children: \$1,500	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>preventive care</u> & immunizations, preventive prescription drugs are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes. For in-network providers \$2,500 individual / \$3,750 individual +1 / \$5,000 family / For out-of-network providers \$5,000 individual / \$7,500 individual +1 / \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Penalties for failure to obtain <u>pre-authorization</u> for services, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider?	Yes. See <a href="https://www.cigna.com">www.cigna.com</a> or call 1-800-Cigna24 for a list of <a href="https://network.providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	10% coinsurance/visit	30% coinsurance	None
	Specialist visit	10% coinsurance/visit	30% coinsurance	None
If you visit a health care provider's office or clinic	Preventive care/ screening/ immunization	No charge/visit** No charge/screening** No charge/immunizations**  **Deductible does not apply	No charge/visit** No charge/screening** No charge/immunizations**  **Deductible does not apply	None None Covers Immunizations related to travel. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	30% coinsurance	None
	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	\$250 penalty for no out-of-network precertification.

Common	Services You May Need	What You Will Pay		Limitations Everytions 9 Other
Medical Event		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat	Generic drugs	10% co-insurance / prescription (retail) 10% co-insurance / prescription (home delivery)	30% co-insurance	
your illness or condition  More information about prescription drug coverage is available at	Preferred brand drugs	10% co-insurance / prescription (retail) 10% co-insurance / prescription (home delivery)	30% co-insurance	Coverage is limited up to a 30-day supply (retail) and up to a 90-day supply (home delivery)
www.caremark.com	Non-preferred brand drugs	10% co-insurance / prescription (retail) 10% co-insurance / prescription (home delivery)	30% co-insurance	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	\$250 penalty for no out-of-network precertification.
surgery	Physician/surgeon fees	10% coinsurance	30% coinsurance	\$250 penalty for no out-of-network precertification.
	Emergency room care	10% coinsurance	10% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	None
	Urgent care	10% coinsurance	10% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	\$250 penalty for no out-of-network precertification.
	Physician/surgeon fees	10% coinsurance	30% coinsurance	\$250 penalty for no out-of-network precertification.

Common		What You Will Pay		Limitations Evacutions 9 Other
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% coinsurance	Professional fees: 10% coinsurance  All other services: 30% coinsurance	None
	Inpatient services	10% coinsurance	30% coinsurance	None
	Office visits	10% coinsurance	30% coinsurance	Primary Care or Specialist benefit
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	levels apply for initial visit to confirm pregnancy.
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	\$250 penalty for no precertication.  Depending on the type of services, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).

Camman		What You Will Pay		Limitations Evacutions 9 Other
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	10% coinsurance	30% coinsurance	16 hour maximum per day
If you need help recovering or have other special health needs	Rehabilitation services	10% coinsurance/PCP visit  10% coinsurance/ Specialist visit	30% coinsurance	Coverage for Rehabilitation services is limited to 100 days annual max per therapy, not combined. Cardiac Rehabilitation services are limited to 100 days annual max.  Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies.
	Habilitation services	10% coinsurance/PCP visit 10% coinsurance/ Specialist visit	30% coinsurance	\$250 penalty for failure to precertify speech therapy services.  Services are covered when Medically Necessary to treat a mental health condition (e.g. autism).  Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies.
	Skilled nursing care	10% coinsurance	30% coinsurance	Coverage is limited to 120 days annual max.
	<u>Durable medical equipment</u>	10% coinsurance	30% coinsurance	None
	Hospice services	10% coinsurance/inpatient; 10% coinsurance/outpatient services	30% coinsurance/inpatient; 30% coinsurance/outpatient services	None
If your abild woods don't	Children's eye exam	Not covered	Not covered	None
If your child needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	Not covered	Not covered	None

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Dental care (Adult)
- Dental care (Children)
- Eye care (Children)
- Long-term care

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids
- Infertility treatment

## **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

## **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, you can contact Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the program for this <u>plan's</u> situs state: California Department of Managed Health Care Help Center at 888-466-2219. However, for information regarding your own state's consumer assistance program refer to <u>www.healthcare.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-244-6224. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-244-6224.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,400
<ul> <li>Specialist coinsurance</li> </ul>	10%
<ul><li>Hospital (facility) coinsurance</li></ul>	10%
<ul><li>Other <u>coinsurance</u></li></ul>	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
--------------------	----------

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$1,400	
Copayments	\$0	
Coinsurance	\$1,100	
What isn't covered		
Limits or exclusions	\$20	
The total Peg would pay is	\$2,520	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,400
<ul> <li>Specialist coinsurance</li> </ul>	10%
<ul><li>Hospital (facility) coinsurance</li></ul>	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits *(including disease education)* 

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$1,400
<u>Copayments</u>	\$0
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,820

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,400
Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$2,800

In this example, Mia would pay:

m and example, ma near pay.	
Cost Sharing	
<u>Deductibles</u>	\$1,400
Copayments	\$0
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1.500

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Plan Name: NVIDIA HSA Plus Plan Plan ID: 10224238